

Monthly Movie



With a Message



Courtesy of Sol y Breath

Date: Sunday, March 25, 2018

Where: Sol y Breath Yoga & Wellness Center
14709 Mono Way, Sonora, CA

Time: 2:00 PM - 4:00 PM

No Charge. All are welcome.

Chef's Table S3:E1

In South Korea, Buddhist nun Jeong Kuan approaches cooking as a spiritual practice. And her meals have left some of the world's best chefs in awe. Join us for this inspirational and beautifully told story of passion and a life's commitment. There might even be some tasting involved. 58 minutes. Discussion follows the film. FREE to attend.